

## Romans 7:14-25



**14** For we know that the Law is spiritual, but I am of flesh, sold into bondage to sin.

**15** For what I am doing, I do not understand; for I am not practicing what I *would* like to *do*, but I am doing the very thing I hate.

**16** But if I do the very thing I do not want *to do*, I agree with the Law, *confessing* that the Law is good.

**17** So now, no longer am I the one doing it, but sin which dwells in me.

**18** For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good *is* not.

**19** For the good that I want, I do not do, but I practice the very evil that I do not want.

**20** But if I am doing the very thing I do not want, I am no longer the one doing it, but sin which dwells in me.

**21** I find then the principle that evil is present in me, the one who wants to do good.

**22** For I joyfully concur with the law of God in the inner man,

**23** but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members.

**24** Wretched man that I am! Who will set me free from the body of this death?

**25** Thanks be to God through Jesus Christ our Lord! So then, on the one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.

## “the sin nature” in Romans 7:14-25



**14** - - - but I am of flesh (carnal), sold into bondage to **sin (nature)**.

**17** So now, no longer am I the one doing it, but **sin (nature)** which dwells in me.

**18** For I know that nothing good dwells in me, that is, in my flesh **(seat of the sin nature)**;

**20** - - - I am no longer the one doing it, but **sin (nature)** which dwells in me.

**21** I find then the principle that evil is present **(the sin nature)** in me, - - -

**23** - - - making me a prisoner of the **law of sin** which is in my members.

**25** - - - but on the other, with my flesh **(seat of the sin nature)** the law of sin.

# Romans 7:24 -25



**24** Wretched man that I am!

Who will set me free from the body of this death?

**25** Thanks be to God through Jesus Christ our Lord!

So then, on the one hand

I myself with my mind am serving the law of God,  
but on the other, with my flesh the law of sin.

24 Wretched man that I am!

Who will set me free from the body of this death?



Wretched man that I am!

Who will set me free

from the body of this death

24 Wretched man that I am!

Who will set me free from the body of this death?



Wretched man that I am!

## Wretched man I

wretched (talaipōros) - distressed, miserable - from the word for afflicted

Revelation 3:17

Because you say, "I am rich, and have become wealthy, and have need of nothing," and you do not know that you are wretched and miserable and poor and blind and naked,

also see James 4:9 and 5:1

24 Wretched man that I am!

Who will set me free from the body of this death?



Who will set me free

Future,  
Indicative,  
(Active)

Who will deliver me

deliver (rhyomai) - to rescue from, to preserve from, and so, "to deliver," the word by which it is regularly translated, is largely synonymous with sōzō, "to save." (Vine)

Who is the deliverer?

What is Paul asking deliverance from?

# “deliver” in the New Testament



Ro 11:26	<b>26</b> and so all Israel will be saved; just as it is written, "THE <b>DELIVERER</b> WILL COME FROM ZION, HE WILL REMOVE UNGODLINESS FROM JACOB."
2Co 1:10	<b>10</b> who <b>delivered</b> us from so great a peril of death, and will <b>deliver</b> us, He on whom we have set our hope. And He will yet <b>deliver</b> us,
Col 1:13	<b>13</b> For He <b>rescued</b> us from the domain of darkness, and transferred us to the kingdom of His beloved Son,
1Th 1:10	<b>10</b> and to wait for His Son from heaven, whom He raised from the dead, that is Jesus, who <b>rescues</b> us from the wrath to come.
2Ti 4:18	<b>18</b> The Lord will <b>rescue</b> me from every evil deed, and will bring me safely to His heavenly kingdom; to Him be the glory forever and ever. Amen.
2Pe 2:9	<b>9</b> then the Lord knows how to <b>rescue</b> the godly from temptation, and to keep the unrighteous under punishment for the day of judgment,

# 24 Wretched man that I am!

Who will set me free from the body of this death?



“ek”  
out of  
or from

from the body of this death

body of this death

Rom 6:6 knowing this, that our old self was crucified with *Him*, in order that our body of sin might be done away with, so that we would no longer be slaves to sin;

What does death mean in Scripture ?



**25** Thanks be to God  
through Jesus Christ our Lord!

So then, on the one hand

I myself with my mind am serving the law of God,  
but on the other, with my flesh the law of sin.



Thanks be to God

“dia”  
through  
or  
by means of

through Jesus Christ our Lord



## “thanks be to God”

Ro 6:17	<b>17</b> But <b>thanks be to God</b> that though you were slaves of sin, you became obedient from the heart to that form of teaching to which you were committed,
1Co 15:57	<b>57</b> but <b>thanks be to God</b> , who <b>gives us the victory</b> through our Lord Jesus Christ.
2Co 2:14	<b>14</b> But <b>thanks be to God</b> , who <b>always leads us in triumph</b> in Christ, and manifests through us the sweet aroma of the knowledge of Him in every place.
2Co 9:15	<b>15</b> <b>Thanks be to God</b> for His <b>indescribable gift!</b>

# “through Jesus Christ”



Ro 1:8	<b>8</b> First, I thank my God <b>through Jesus Christ</b> for you all, because your faith is being proclaimed throughout the whole world.
Ro 5:21	<b>21</b> so that, as sin reigned in death, even <b>so grace would reign</b> through righteousness to eternal life <b>through Jesus Christ</b> our Lord.
Eph 1:5	<b>5</b> He predestined us to <b>adoption as sons</b> <b>through Jesus Christ</b> to Himself, according to the kind intention of His will,
Php 1:11	<b>11</b> having been filled with the <b>fruit of righteousness</b> which comes <b>through Jesus Christ</b> , to the glory and praise of God.
Tit 3:6	<b>6</b> whom He <b>poured out upon us richly</b> <b>through Jesus Christ</b> our Savior,

**25b** --- So then, on the one hand  
I myself with my mind am serving the law of God,  
but on the other, with my flesh the law of sin.



“on the one hand”

I myself **with my mind** am **serving** the **law of God**

“but on the other”

(I serve) **with my flesh** the **law of sin**

“men” (on the one hand)  
“de” (on the other hand) construction



Ro 5:16	<p><b>16</b> The gift is not like that which came through the one who sinned; for <b>on the one hand</b> the judgment arose from one transgression resulting in condemnation, but <b>on the other hand</b> the free gift arose from many transgressions resulting in justification.</p>
Ro 7:25	<p><b>25</b> Thanks be to God through Jesus Christ our Lord! So then, <b>on the one hand</b> I myself with my mind am serving the law of God, but <b>on the other</b>, with my flesh the law of sin.</p>

**25b** --- So then, on the one hand  
I myself with my mind am serving the law of God,  
but on the other, with my flesh the law of sin.



“on the one hand”

I myself **with my mind** am **serving** the **law of God**

mind (nous) - denotes, speaking generally,  
the seat of reflective consciousness, comprising the faculties  
of perception and understanding --- ; (c) the new nature, which belongs  
to the believer by reason of the new birth,

(Vine)

See Rom 7:23

**25b** --- So then, on the one hand  
I myself with my mind am serving the law of God,  
but on the other, with my flesh the law of sin.



“on the one hand”

I myself **with my mind** am **serving** the **law of God**

**serving** (douleuō) - to serve as a “doulos”--- to be a slave to  
(literal or figurative, involuntary or voluntary) - be in bondage,

Romans 6:19 I am speaking in human terms because of the weakness of your flesh.  
For just as you presented your members as slaves to impurity and  
to lawlessness, resulting in *further* lawlessness, so now present your members  
as slaves to righteousness, resulting in sanctification. [Also see 1 Pete 2:16](#)



## examples of the “law of God”

Ro 7:22	<b>22</b> For I joyfully concur with the <b>law of God</b> in the inner man,
Ro 8:7	<b>7</b> because the mind set on the flesh is hostile toward God; for it does not subject itself to the <b>law of God</b> , for it is not even able to do so,

“law of God” is God’s holy character



**25b** --- So then, on the one hand  
I myself with my mind am serving the law of God,  
but on the other, with my flesh the law of sin.



“but on the other”

(I serve) **with my flesh** the **law of sin**

**flesh** – (sarx) usage notes: has a wider range of meaning in the NT ---  
"the seat of sin in man" (but this is not the same thing as the body),  
"flesh" is contrasted with spirit; in Rom. 2:28, 29, with heart and spirit;  
in Rom. 7:25, with the mind. (Vine)



## examples of the “law of sin”

Ro 7:23	<b>23</b> but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the <b>law of sin</b> which is in my members.
Ro 8:2	<b>2</b> For the law of the Spirit of life in Christ Jesus has set you free from the <b>law of sin</b> and of death.



## Summary of Romans 7:24-25

- Wretched man I
- Who will deliver me from the body of this death?
- Thanks be to God through Jesus Christ our Lord!
- I myself with my mind (new nature) am a bondservant to the law of God (His holy character)
- I myself with my flesh (seat of the sin nature) am a bondservant to the law of sin (all that the sin nature can be)

## Paul's timeline in Romans 7:14-25



**14** - - - **I am** of flesh (carnal), sold into bondage to sin.

**15** For what I am doing, **I do not understand**;

**17** - - - **no longer am I the one doing it**, but sin which dwells in me.

**18** For **I know** that nothing good dwells in me,

**21** **I find** then the principle that evil is present in me,  
the one who wants to do good.

**22** For **I joyfully concur** with the law of God in the inner man,

**24** Wretched man that I am! **Who will set me free** from the body of this death?

**25** **Thanks be to God through Jesus Christ our Lord!**